



5 Day Fire Starter

By: Willie Bj Williams

Days 1 and 2:

Get a journal or note book of some kind.

- You will want this so you can write down ideas, concerns, struggles and wins.

Write down your **MAIN GOAL**. We are about to get laser focused!

- Create a few copies and place one at home, the car, wallet, phone and work!

Identify the **next two steps** you need to take to accomplish this goal.

- Do it now, when you know what to do you eliminate the need for excuses!

Power Points

- Don't limit what you can be, by what you currently see!
- You need to see it on a regular base.
- Don't hesitate if you work this you will succeed!





Day 3:

Identify two positive people to share your goal with today.

- When you speak your goals and ideas to other people it gives you energy and it persuades you to stay focused.

Select one of the two people and ask them to help you stay focused!

- You must commit to being accountable to your goals and dreams. Nothing better than having someone that will call or text to see how you're doing.

Power Points

- Every decision that you make will directly affect your future and DESTINY! So decide wisely.
- Never let someone's negative opinion of you become your opinion of yourself!
- Never let your PAST overtake your FUTURE!





Day 4:

Identify specific time for each day to invest in your goal and do it **EVERY DAY!**

- If we give time to the goal every day, no days off. I guarantee you will be successful. Stay focused.

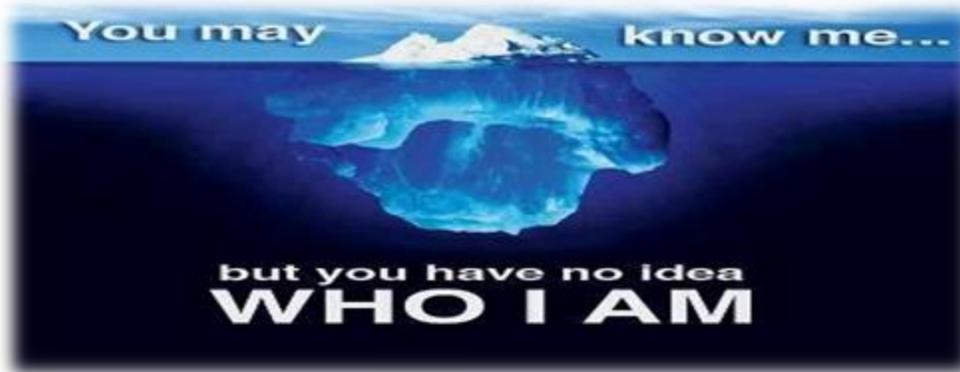
Contact your focus partner and tell them about your set time and how you are taking **No Days Off!** #5minRule

- You are amazing! The fact that you are here shows that you are about to do something that will change this world.

Power Points

- Consistency is the down payment for productivity.
- Don't be defined by what you have; be defined by who you are!
- We can continue to dream about greatness, or we can wake up and take steps in order to make it happen!





Day 5:

Identify one person who you consider successful in the field that you are in and once or twice a week take time and study them!

- Take advantage of the information that's available, after all success leaves clues.

Congratulations you did it!

You should have an energy right now, don't lose it stay focused!

- Don't forget to put your time in today.
- Send me an email testimonial and let me know how you felt and if this was useful for you.

Power Points

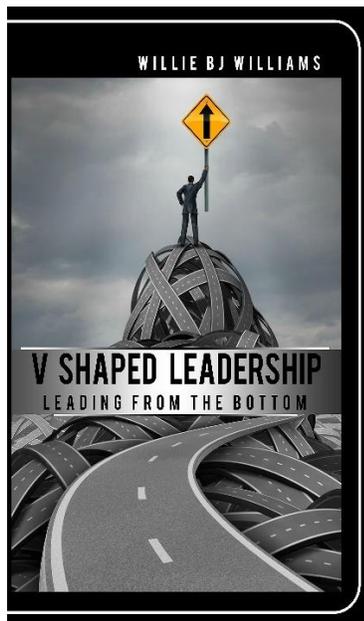
- To be truly GREAT, at some point the odds have to be against you. But even in those moments you can PERSEVERE and OVERCOME!
- A Dream + No Action = Frustration.
The only thing that will satisfy you is taking steps toward it!
- If you are going to live, you might as well live life to the FULLEST!



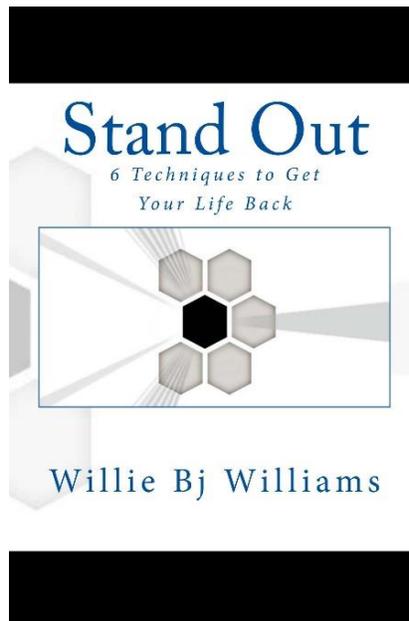
You are the BEST part of your future
and I believe in you!

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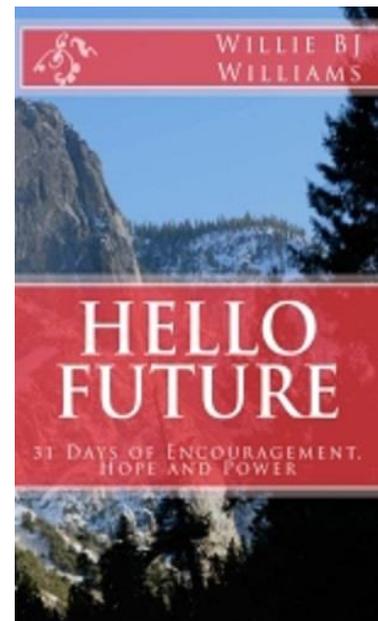
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